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# STANDING TALL

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*Acquiring The 13 Riches  
of Life Effortlessly  
The Workbook*

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STANDING TALL - Acquiring the 13 Riches of Life Effortlessly  
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First edition July 2016

The Author can be reached directly at [MasterKeyExperience.com](http://MasterKeyExperience.com)

Manufactured and printed in the United States of America distributed globally by [markjbooks.com](http://markjbooks.com)

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Aloha!

Thrilled you've decided to grab this workbook!

We surveyed thousands of people and created this "workbook only" version of Standing Tall to meet the needs and wonderful suggestions we received.

We included the workbook in the physical version of Standing Tall. Interestingly, about half those surveyed said they loved the idea of having both the text and workbook together, loved writing in books. Others, about half, simply do not want to write in a book. Of course those who purchase the ebook version have no way to chart their progress in an electronic version and wanted a workbook.

OK with writing books? Great, the workbook is included in the print version. Don't like to write in books? Great. Have an electronic version? Great. This workbook, which you can print out, works for both those types. Mahalo, [means thanks here on Kauai], for all the feedback and suggestions.

I've noticed over the last 25 years that for all the wonderful encouragement in self-help books, the wonderful sayings, the great slogans and the brilliant ideas shared at seminars... they have do not have the one thing I have noticed successful people have. A written plan expressed in continuous action.

The premise behind Standing Tall is simple. Everybody knows that knowledge does not apply itself. In trying to improve myself and help others to learn to help themselves they could create the changes they desired two things stood out in those who succeed. And of those who fail? Those same two things are always missing. What are those two things? A plan expressed in continuous action, [aka work], and people who will keep you on track with your purpose and plan.

So the premise is fairly straightforward to find the 13 Riches of Life. Read the Standing Tall, make the daily promise of that day's reading and keep the promise. This workbook is designed to do just that, keep you in continuous action in growing your character to it's full potential and then effortlessly acquiring the 13 Riches of Life as laid out in the workbook. Character first, then the Riches.

And to find some people who will help keep you on track just visit <http://markjbooks.com> You'll find successes there and people from around the world, [120 of them were here on Kauai in July], are always forming accountability partnerships. Keeping the promise daily is easy to do and, you guessed it, it is easy not to do. And hey, we'd love to hear about your successes and the riches beginning to flow into your life. Don't have Standing Tall yet? Grab it here <http://markjbooks.com>

Keep giving to keep growing  
Doc and mark j

# The Seven Ancient Verities

*Look to this day!  
For it is life, the very life of life,  
In its brief course  
Lie all the verities and realities of your existence:*

*The bliss of growth,  
The glory of action,  
The splendor of beauty,  
For yesterday is but a dream  
And tomorrow only a vision,  
But today well lived makes every yesterday  
a dream of happiness  
And every tomorrow a vision of hope.*

*Look well, therefore, to this day!  
Such is the salutation of the dawn.*

*Kalidasa  
2500 BC Sanskrit*

*When wealth is lost, nothing is lost  
When health is lost, something is lost  
When character is lost, all is lost*

## *The Promise*

*Within each being lives immense strength of character  
If you resist the temptation of The Map's Riches  
until you complete the Verities  
Your character will grow taller than a giraffe  
and enable you to see the riches  
And like the giraffe, which has the largest of all hearts,  
the verities will grow your heart  
Giving you courage, love and grace  
These three character traits are all you need to acquire  
the 13 Riches effortlessly  
This is flawless the promise of the Verities*

I give myself the gift of charting my progress, checking off each kept promise

Day 1 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 2 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 3 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 4 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 5 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 6 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 7 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 8 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 9 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 10 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 11 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 12 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 13 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

Day 14 Verity "G" Promise

- AM read + 5 minute silent sit on gratitude
- PM read aloud + 5 minute silent sit on gratitude

I chart my progress, Standing Tall in promises

Day 1 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 2 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 3 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 4 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 5 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 6 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 7 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 8 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 9 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 10 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 11 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 12 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 13 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

Day 14 Verity "I" Promise

- AM read + 6 min. silent sit with imagination
- PM read aloud + 6 minute silent sit with imagination

*KEY: I write out my intention on a card 3x5 or smaller card 3 times. I write it in the present tense and include the feelings I experience when it is attained. I always carry one, place one by my bed and one by my workplace.*

I chart my progress, Standing Tall in promises

Day 1 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 2 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 3 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 4 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 5 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 6 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 7 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 8 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 9 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 10 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 11 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 12 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 13 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit

Day 14 Verity "R" Promise

- AM read + 8 minute walk with pebbles
- PM read aloud + 6 minute silent sit



What would the person I intend to become do next? Chart my promise keeping and repeat “do it now” 25x at least twice per day

Day 1 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 2 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 3 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 4 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 5 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 6 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 7 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 8 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 9 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 10 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 11 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 12 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 13 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

Day 14 Verity “A” Promise

- AM read + 6 minute sit, picturing action
- PM read aloud + 6 minute sit, 2 questions

I spend 2 minutes with The Source prior to exercising my mind with the Fifth Verity

Day 1 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 2 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 3 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 4 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 5 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 6 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 7 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 8 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 9 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 10 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 11 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 12 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 13 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

Day 14 Verity “First F” Promise

- AM read + 4 minutes on largest structure
- PM read aloud + 4 on largest structure

I spend 2 minutes with The Source prior to exercising my mind with the Sixth Verity

I always sit in silence for 6 minutes or more after reading the First Class Verity and contemplate harmony all around me.

Day 1 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 2 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 3 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 4 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 5 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 6 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 7 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 8 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 9 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 10 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 11 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 12 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 13 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

Day 14 Verity “Second F” Promise

- AM read + 6 mins. contemplating harmony
- PM read aloud + 6 mins. contemplating

I spend 2 minutes with The Source prior to exercising my mind with the Seventh Verity.

I always sit in silence for 7 minutes or more after reading the Enthusiasm Verity.

I listen with my heart and let the perfect action select me.

Day 1 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 2 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 3 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 4 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 5 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 6 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 7 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 8 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 9 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 10 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 11 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 12 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 13 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

Day 14 Verity “E” Promise

- AM read + sit, listen with my heart
- PM read aloud + listen with my heart

# The Map to the 13 Riches of Life

**The Good News.** There is a saying, “well begun is half done.” Those, like yourself, who have lived with each Verity for two weeks, made promises and kept them is truly one that is well begun and half done. You have been given the tools you shall need to mine the 13 Riches.

**The Better News.** You are now Standing Tall in character and undoubtedly, like those who have come before you, elevated your values, feeling wealthy in new ways you had not considered previously.

**The Best News.** A map is merely a depiction of a territory. To successfully move from where one currently is to where one would like to go, we must successfully navigate the terrain, not just look at The Map. The habits of the treasure hunter will determine the outcome, not The Map. The best news for you who now hold The Map is the mental habits needed to successfully navigate, find and claim the 13 Riches of Life have already been established and mastered! No one has ever failed to claim all 13 Riches who has been faithful to the promises made within each Verity. Why settle for The Map when you can have the territory?

## **The Secret of The Map**

There was once a merchant from Egypt traveling with his goods deep into Africa. He was many weeks from his home and thinking of his children after a very long day of work. As he began to head to a lodge to eat and sleep he noticed some young children about the same age as his children playing near the edge of the road. The merchant noticed that the children were playing a game similar to the games his children played with marbles. As he continued to watch them playing his eyes became increasingly more attracted to the small pebbles they were playing with and his heart began to race...

He asked to meet their father. He asked their father about the stones and the father told him “oh, yes, I have more in the hut”, and promptly brought out a bowl of the stones. The traveler offered him some cotton and two scarfs for the stones... the Father of the boys laughed, saying “I’m robbing you but if you insist, here you go.”

*This trade led to the discovery of the largest field of rubies in the world.*

*The fate of the father is really the fate of most human beings. All men and all women hold a fabulous treasure in their possession yet in most cases they just do not know it. We fail to look within for the riches, greater than precious gems. The real treasure in this story is consciousness. The father of the boys did not have the consciousness to understand the riches of the rubies, the traveler did. But there is more to understand so you easily acquire the 13 Riches and the 13 Riches continue to grow in your life in quantities and value beyond your imagination.*

*Once our traveler made the swap they had to take action to mine them from the ground and transform them into marvelous jewels.*

*To have wealth beyond measure, you need to emulate this success pattern. It is two simple steps.*

*Step One is to acknowledge that each of the riches are already in your consciousness, already within you. Step Two, like our traveler, is to mine this wealth.*

*How does one mine the wealth, the 13 Riches?*

*Using the irrefutable Law of Growth.*

*What we think about grows. You will recognize each of The 13 Riches and that means they are already in you. We educate each of the 13 Riches, one at a time by applying the Law of Growth. As we go about our day we identify one of the 13 Riches everywhere, in everyone and in everything. As the week progresses, because you are building a consciousness for it, you will draw out of yourself, in greater quantities everyday. That which we identify, tends to multiply. The more often you find what you are concentrating on for that day, the more it will grow to an overflowing experience. By week end, for each of the 13 Riches, you will be astonished by the abundance of each.*

*You have begun to be a master of The Law of Growth during the last 14 weeks and all you must do now is follow The Map, one day at a time, as you followed the Verities. Read, promise and execute ... and to accelerate your wealth, keep sharing it as the grateful giver you are.*

## Day One

### Growing My Wealth With A Positive Mental Attitude

*Read this out loud when you arise; from "I promise to" through "I always keep my promises". Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the First Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my "Intention" card three times today with enthusiasm.*
- 3. As I go through my day, I identify every example of a positive mental attitude.*

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*I always keep my promises*

*Here are a few examples of a positive mental attitude. Compliments, hugs, handshakes, people sharing with you good things they are anticipating, smiling... Note each one and check off a box for each example you find during the day. Find some of your own! See the best in everything, everywhere and everyone. The more you identify the more you will grow this priceless gift that is latent within you.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Got down the best example you observed today of a positive mental attitude.*

## Day Two

### Growing My Wealth With A Positive Mental Attitude

Read this out loud when you arise; from "I promise to" through "I always keep my promises". Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the First Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my "Intention" card three times today with enthusiasm.
3. As I go through my day, I identify every example of a positive mental attitude

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I always keep my promises

Here are a few examples of a positive mental attitude. Compliments, hugs, hand shakes, people sharing with you good things they are anticipating, smiling... Note each one and check off a box for each example you find during the day. Find some of your own! See the best in everything, everywhere and everyone. The more you identify the more you will grow this priceless gift that is latent within you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

jot down the best example you observed today of a positive mental attitude.



## Day Three

### Growing My Wealth With A Positive Mental Attitude

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the First Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. As I go through my day, I identify every example of a positive mental attitude.

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I always keep my promises

Here are a few examples of a positive mental attitude. Compliments, hugs, handshakes, people sharing with you good things they are anticipating, smiling... Note each one and check off a box for each example you find during the day. Find some of your own! See the best in everything, everywhere and everyone. The more you identify the more you will grow this priceless gift that is latent within you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of a positive mental attitude.

## Day Four

### Growing My Wealth With A Positive Mental Attitude

*Read this out loud when you arise; from "I promise to" through "I always keep my promises". Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

*I read the First Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*

*I read my "Intention" card three times today with enthusiasm.*

*As I go through my day, I identify every example of a positive mental attitude.*

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*I always keep my promises*

*Here are a few examples of a positive mental attitude. Compliments, hugs, handshakes, people sharing with you good things they are anticipating, smiling... Note each one and check off a box for each example you find during the day. Find some of your own! See the best in everything, everywhere and everyone. The more you identify the more you will grow this priceless gift that is latent within you.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Got down the best example you observed today of a positive mental attitude.*

## Day Five

### Growing My Wealth With A Positive Mental Attitude

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the First Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm.*
- 3. As I go through my day, I identify every example of a positive mental attitude.*

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*I always keep my promises*

*Here are a few examples of a positive mental attitude. Compliments, hugs, handshakes, people sharing with you good things they are anticipating, smiling... Note each one and check off a box for each example you find during the day. Find some of your own! See the best in everything, everywhere and everyone. The more you identify the more you will grow this priceless gift that is latent within you.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of a positive mental attitude.*

## Day Six

### Growing My Wealth With A Positive Mental Attitude

*Read this out loud when you arise; from "I promise to" through "I always keep my promises". Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the First Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my "Intention" card three times today with enthusiasm.*
- 3. As I go through my day, I identify every example of a positive mental attitude.*

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*I always keep my promises*

*Here are a few examples of a positive mental attitude. Compliments, hugs, handshakes, people sharing with you good things they are anticipating, smiling... Note each one and check off a box for each example you find during the day. Find some of your own! See the best in everything, everywhere and everyone. The more you identify the more you will grow this priceless gift that is latent within you.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of a positive mental attitude.*

## Day Seven

### Growing My Wealth With A Positive Mental Attitude

*Read this out loud when you arise; from "I promise to" through "I always keep my promises". Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the First Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my "Intention" card three times today with enthusiasm.*
- 3. As I go through my day, I identify every example of a positive mental attitude.*

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*I always keep my promises*

*Here are a few examples of a positive mental attitude. Compliments, hugs, handshakes, people sharing with you good things they are anticipating, smiling... Note each one and check off a box for each example you find during the day. Find some of your own! See the best in everything, everywhere and everyone. The more you identify the more you will grow this priceless gift that is latent within you.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Not down the best example you observed today of a positive mental attitude.*

## Day One (Week 2)

### Growing My Wealth With Sound Physical Health

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Second Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. I affirm with vigor, “I feel healthy, I feel happy, I feel terrific!” 10 times and when any one asks me how I am or how I am doing, that affirmation is always the answer I give with great conviction.
4. As I go through my day, I identify Sound Physical Health choices constantly.

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I always keep my promises

Here are a few examples of acts that foster Sound Physical Health. Exercise, healthy choices others make with food, people healing, people who help others heal. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the more you will grow this priceless gift that is latent within you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed of Sound Physical Health today.

## Day Two (Week 2)

### Growing My Wealth With Sound Physical Health

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the Second Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. I affirm with vigor, “I feel healthy, I feel happy, I feel terrific!” 10 times and when any one asks me how I am or how I am doing, that affirmation is always the answer I give with great conviction.
4. As I go through my day, I identify Sound Physical Health choices constantly.

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I always keep my promises

Here are a few examples of acts that foster Sound Physical Health. Exercise, healthy choices others make with food, people healing, people who help others heal. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the more you will grow this priceless gift that is latent within you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed of Sound Physical Health today.

## Day Three (Week 2)

### Growing My Wealth With Sound Physical Health

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the Second Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. I affirm with vigor, “I feel healthy, I feel happy, I feel terrific!” 10 times and when any one asks me how I am or how I am doing, that affirmation is always the answer I give with great conviction.
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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

jot down the best example you observed of Sound Physical Health today.



## Day Four (Week 2)

### Growing My Wealth With Sound Physical Health

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the Second Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. I affirm with vigor, “I feel healthy, I feel happy, I feel terrific!” 10 times and when any one asks me how I am or how I am doing, that affirmation is always the answer I give with great conviction.
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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Dot down the best example you observed of Sound Physical Health today.

## Day Five (Week 2)

### Growing My Wealth With Sound Physical Health

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the Second Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. I affirm with vigor, “I feel healthy, I feel happy, I feel terrific!” 10 times and when any one asks me how I am or how I am doing, that affirmation is always the answer I give with great conviction.
4. As I go through my day, I identify Sound Physical Health choices constantly.

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I always keep my promises

Here are a few examples of acts that foster Sound Physical Health. Exercise, healthy choices others make with food, people healing, people who help others heal. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the more you will grow this priceless gift that is latent within you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed of Sound Physical Health today.

## Day Six (Week 2)

### Growing My Wealth With Sound Physical Health

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the Second Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. I affirm with vigor, “I feel healthy, I feel happy, I feel terrific!” 10 times and when any one asks me how I am or how I am doing, that affirmation is always the answer I give with great conviction.
4. As I go through my day, I identify Sound Physical Health choices constantly.

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Dot down the best example you observed of Sound Physical Health today.

## Day Seven (Week 2)

### Growing My Wealth With Sound Physical Health

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the Second Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
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3. I affirm with vigor, “I feel healthy, I feel happy, I feel terrific!” 10 times and when any one asks me how I am or how I am doing, that affirmation is always the answer I give with great conviction.
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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed of Sound Physical Health today.

## Day One (Week 3)

### Growing My Wealth With An Open Mind

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Third Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify every example of open-mindedness.*

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*I always keep my promises*

*Here are a few examples of open-mindedness. Listening, nodding, agreements, asking questions, fascination, trying different foods, beverages... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the more open your mind will become and a rich flow of ideas will flow unto to you in great quantities daily.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Not down the best example you observed today of open-mindedness.*

## Day Two (Week 3)

### Growing My Wealth With An Open Mind

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Third Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify every example of open-mindedness.

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I always keep my promises

Here are a few examples of open-mindedness. Listening, nodding, agreements, asking questions, fascination, trying different foods, beverages... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the more open your mind will become and a rich flow of ideas will flow unto to you in great quantities daily.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of open-mindedness.

## Day Three (Week 3)

### Growing My Wealth With An Open Mind

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Third Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify every example of open-mindedness.

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of open-mindedness.

## Day Four (Week 3)

### Growing My Wealth With An Open Mind

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of open-mindedness.



## Day Five (Week 3)

### Growing My Wealth With An Open Mind

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Third Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify every example of open-mindedness.*

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*I always keep my promises*

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*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of open-mindedness.*

## Day Six (Week 3)

### Growing My Wealth With An Open Mind

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Third Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify every example of open-mindedness.

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I always keep my promises

Here are a few examples of open-mindedness. Listening, nodding, agreements, asking questions, fascination, trying different foods, beverages... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the more open your mind will become and a rich flow of ideas will flow unto to you in great quantities daily.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of open-mindedness.

## Day Seven (Week 3)

### Growing My Wealth With An Open Mind

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Third Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify every example of open-mindedness.*

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*I always keep my promises*

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*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of open-mindedness.*

## Day One (Week 4)

### Growing My Wealth By Directing My Faith

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fourth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify acts of faith

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I always keep my promises

Here are a few examples of acts of faith. Confident speech, hope, anticipation, predictions, projections, goals, people frequenting merchants, kind words about people not present, places of worship... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify acts of faith the more control you will have over directing your own. Directed faith at your intention leads to faster manifestation because human thoughts have a tendency to express themselves on the physical plane when charged with directed faith..

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of faith.

## Day Two (Week 4)

### Growing My Wealth By Directing My Faith

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fourth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify acts of faith

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I always keep my promises

Here are a few examples of acts of faith. Confident speech, hope, anticipation, predictions, projections, goals, people frequenting merchants, kind words about people not present, places of worship, a child coming to the dinner table with expectation they’ll be feed; note each one and check off a box for each example you find during the day. Find some of your own! The more you identify acts of faith the more control you will have over directing your own. Directed faith at your intention leads to faster manifestation because human thoughts have a tendency to express themselves on the physical plane when charged with directed faith

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of faith.

## Day Three (Week 4)

### Growing My Wealth By Directing My Faith

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fourth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify acts of faith

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I always keep my promises

Here are a few examples of acts of faith. Confident speech, hope, anticipation, predictions, projections, goals, people frequenting merchants, kind words about people not present, places of worship... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify acts of faith the more control you will have over directing your own. Directed faith at your intention leads to faster manifestation because human thoughts have a tendency to express themselves on the physical plane when charged with directed faith. .

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of faith.

## Day Four (Week 4)

### Growing My Wealth By Directing My Faith

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

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3. As I go through my day, I identify acts of faith

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of faith.

## Day Five (Week 4)

### Growing My Wealth By Directing My Faith

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Fourth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify acts of faith*

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*I always keep my promises*

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*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of faith.*



## Day Six (Week 4)

### Growing My Wealth By Directing My Faith

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fourth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify acts of faith

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of faith.

## Day Seven (Week 4)

### Growing My Wealth By Directing My Faith

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fourth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify acts of faith

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of faith.

## Day One (Week 5)

### Growing My Wealth With Liberty

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Fifth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify liberty with magnifying glass focus all day*

---

*I always keep my promises*

*Here are a few examples of acts of liberty. Children being themselves, people who make their requests clear, pets, non-self conscious behavior, people making fun of themselves, confidence, people taking risks, encouragement, all animals... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify liberty the more liberty you will experience. Look for it everywhere and use the immutable Law of Growth to grow it within your heart.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of liberty.*

## Day Two (Week 5)

### Growing My Wealth With Liberty

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fifth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify liberty with magnifying glass focus all day

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I always keep my promises

Here are a few examples of acts of liberty. Children being themselves, people who make their requests clear, pets, non-self conscious behavior, people making fun of themselves, confidence, people taking risks, encouragement, all animals... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify liberty the more liberty you will experience. Look for it everywhere and use the immutable Law of Growth to grow it within your heart.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of liberty.

## Day Three (Week 5)

### Growing My Wealth With Liberty

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Fifth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify liberty with magnifying glass focus all day*

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*I always keep my promises*

*Here are a few of examples of acts of liberty. Children being themselves, people who make their requests clear, pets, non-self conscious behavior, people making fun of themselves, confidence, people taking risks, encouragement, all animals... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify liberty the more liberty you will experience. Look for it everywhere and use the immutable Law of Growth to grow it within your heart*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of liberty.*

## Day Four (Week 5)

### Growing My Wealth With Liberty

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fifth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify liberty with magnifying glass focus all day

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I always keep my promises

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□□□□□ □□□□□ □□□□□ □□□□□ □□□□□

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of liberty.

## Day Five (Week 5)

### Growing My Wealth With Liberty

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Fifth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify liberty with magnifying glass focus all day*

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*I always keep my promises*

*Here are a few of examples of acts of liberty. Children being themselves, people who make their requests clear, pets, non-self conscious behavior, people making fun of themselves, confidence, people taking risks, encouragement, all animals... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify liberty the more liberty you will experience. Look for it everywhere and use the immutable Law of Growth to grow it within your heart*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of liberty.*

## Day Six (Week 5)

### Growing My Wealth With Liberty

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fifth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify liberty with magnifying glass focus all day

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I always keep my promises

Here are a few examples of acts of liberty. Children being themselves, people who make their requests clear, pets, non-self conscious behavior, people making fun of themselves, confidence, people taking risks, encouragement, all animals... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify liberty the more liberty you will experience. Look for it everywhere and use the immutable Law of Growth to grow it within your heart.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of liberty.



## Day Seven (Week 5)

### Growing My Wealth With Liberty

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Fifth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify liberty with magnifying glass focus all day

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I always keep my promises

Here are a few of examples of acts of liberty. Children being themselves, people who make their requests clear, pets, non-self conscious behavior, people making fun of themselves, confidence, people taking risks, encouragement, all animals... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify liberty the more liberty you will experience. Look for it everywhere and use the immutable Law of Growth to grow it within your heart

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of liberty.

## Day One (Week 6)

### Growing My Wealth A Labor of Love

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Sixth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify labors of love both in work and home

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I always keep my promises

Here are a few examples of labors of love. A mother caring for her children, a cheerful worker, people good at their job, workers who smile, coaches, artists, musicians, athletes, merchants who love what they offer... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify passion for the labor, the more love you will have for your work. If your work becomes a pleasure to perform you will run to challenges rather than away from them and manifest intention faster. Let your passion move beyond the intention and you will acquire a special wealth that lifts your spirits daily and provides infinite energy.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of a labor of love.

## Day Two (Week 6)

### Growing My Wealth A Labor of Love

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

*I promise to follow these 3 steps today*

1. *I read the Sixth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
2. *I read my “Intention” card three times today with enthusiasm*
3. *As I go through my day, I identify labors of love both in work and home*

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*I always keep my promises*

Here are a few examples of labors of love. A mother caring for her children, a cheerful worker, people good at their job, workers who smile, coaches, artists, musicians, athletes, merchants who love what they offer... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify passion for the labor, the more love you will have for your work. If your work becomes a pleasure to perform you will run to challenges rather than away from them and manifest intention faster. Let your passion move beyond the intention and you will acquire a special wealth that lifts your spirits daily and provides infinite energy.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

jot down the best example you observed today of a labor of love.

## Day Three (Week 6)

### Growing My Wealth A Labor of Love

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Sixth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of a labor of love.

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## Day Four (Week 6)

### Growing My Wealth A Labor of Love

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Sixth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify labors of love both in work and home

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of a labor of love.

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## Day Five (Week 6)

### Growing My Wealth A Labor of Love

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Sixth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify labors of love both in work and home

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of a labor of love.

## Day Six (Week 6)

### Growing My Wealth A Labor of Love

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

*I promise to follow these 3 steps today*

1. *I read the Sixth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
2. *I read my “Intention” card three times today with enthusiasm*
3. *As I go through my day, I identify labors of love both in work and home*

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*I always keep my promises*

*Here are a few examples of labors of love. A mother caring for her children, a cheerful worker, people good at their job, workers who smile, coaches, artists, musicians, athletes, merchants who love what they offer... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify passion for the labor, the more love you will have for your work. If your work becomes a pleasure to perform you will run to challenges rather than away from them and manifest intention faster. Let your passion move beyond the intention and you will acquire a special wealth that lifts your spirits daily and provides infinite energy.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of a labor of love.*

## Day Seven (Week 6)

### Growing My Wealth A Labor of Love

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Sixth Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify labors of love both in work and home

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I always keep my promises

Here are a few examples of labors of love. A mother caring for her children, a cheerful worker, people good at their job, workers who smile, coaches, artists, musicians, athletes, merchants who love what they offer... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify passion for the labor, the more love you will have for your work. If your work becomes a pleasure to perform you will run to challenges rather than away from them and manifest intention faster. Let your passion move beyond the intention and you will acquire a special wealth that lifts your spirits daily and provides infinite energy.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of a labor of love.



## Day One (Week 7)

### Growing My Wealth With Harmony In All Relationships

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Seventh Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm.*
- 3. As I go through my day, I identify labors of love both in work and home.*

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*I always keep my promises*

*Here are a few examples of harmony. People shaking hands, hugging, people listening, making eye contact, helping one another, laughing together, teams, people saying yes, nature... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify harmony the more harmony will permeate your life. Judge no one. Let your harmony infect others and notice how quickly focusing on harmony pays rich dividends for mastering the Law of Growth with magnifying glass focus.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Not down the best example you observed today of harmony.*

## Day Two (Week 7)

### Growing My Wealth With Harmony In All Relationships

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Seventh Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. As I go through my day, I identify labors of love both in work and home.

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I always keep my promises

Here are a few examples of harmony. People shaking hands, hugging, people listening, making eye contact, helping one another, laughing together, teams, people saying yes, nature... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify harmony the more harmony will permeate your life. Judge no one. Let your harmony infect others and notice how quickly focusing on harmony pays rich dividends for mastering the Law of Growth with magnifying glass focus.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of harmony.

## Day Three (Week 7)

### Growing My Wealth With Harmony In All Relationships

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Seventh Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm.*
- 3. As I go through my day, I identify labors of love both in work and home.*

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*I always keep my promises*

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*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Not down the best example you observed today of harmony.*

## Day Four (Week 7)

### Growing My Wealth With Harmony In All Relationships

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Seventh Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. As I go through my day, I identify labors of love both in work and home.

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I always keep my promises

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of harmony.

## Day Five (Week 7)

### Growing My Wealth With Harmony In All Relationships

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Seventh Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm.*
- 3. As I go through my day, I identify labors of love both in work and home.*

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*I always keep my promises*

*Here are a few examples of harmony. People shaking hands, hugging, people listening, making eye contact, helping one another, laughing together, teams, people saying yes, nature... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify harmony the more harmony will permeate your life. Judge no one. Let your harmony infect others and notice how quickly focusing on harmony pays rich dividends for mastering the Law of Growth with magnifying glass focus.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of harmony.*

## Day Six (Week 7)

### Growing My Wealth With Harmony In All Relationships

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the Seventh Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. As I go through my day, I identify labors of love both in work and home.

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I always keep my promises

Here are a few examples of harmony. People shaking hands, hugging, people listening, making eye contact, helping one another, laughing together, teams, people saying yes, nature... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify harmony the more harmony will permeate your life. Judge no one. Let your harmony infect others and notice how quickly focusing on harmony pays rich dividends for mastering the Law of Growth with magnifying glass focus.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of harmony.

## Day Seven (Week 7)

### Growing My Wealth With Harmony In All Relationships

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the Seventh Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm.*
- 3. As I go through my day, I identify labors of love both in work and home.*

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*I always keep my promises*

*Here are a few examples of harmony. People shaking hands, hugging, people listening, making eye contact, helping one another, laughing together, teams, people saying yes, nature... Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify harmony the more harmony will permeate your life. Judge no one. Let your harmony infect others and notice how quickly focusing on harmony pays rich dividends for mastering the Law of Growth with magnifying glass focus.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Not down the best example you observed today of harmony.*

## Day One (Week 8)

### Growing My Wealth With Self-discipline

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **First** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify self-discipline

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I always keep my promises

Here are a few examples of self-discipline and its root, delaying gratification: exercisers, eating in moderation, doing one thing at a time, complete and undivided attention, declining desserts, declining invitations to be social until work is complete, patience, people who are well prepared. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of self-discipline you identify, the faster and stronger it will grow in you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of delaying gratification.



## Day Two (Week 8)

### Growing My Wealth With Self-discipline

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Second** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify self-discipline

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I always keep my promises

Here are a few examples of self-discipline and its root, delaying gratification... exercisers, eating in moderation, doing one thing at a time, complete and undivided attention, declining desserts, declining invitations to be social until work is complete, patience, people who are well prepared. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify self-discipline the faster and strong it will grow in you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of delaying gratification.

## Day Three (Week 8)

### Growing My Wealth With Self-discipline

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Third** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm.
3. As I go through my day, I identify self-discipline.

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I always keep my promises

Here are a couple of examples of self-discipline and its root, delaying gratification... exercisers, eating in moderation, doing one thing at a time, complete and undivided attention, declining desserts, declining invitations to be social until work is complete, patience, people who are well prepared. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify self-discipline the faster and strong it will grow in you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of delaying gratification.

## Day Four (Week 8)

### Growing My Wealth With Self-discipline

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Fourth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify self-discipline.

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I always keep my promises

Here are few of examples of self-discipline and its root, delaying gratification... exercisers, eating in moderation, doing one thing at a time, complete and undivided attention, declining desserts, declining invitations to be social until work is complete, patience, people who are well prepared. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify self-discipline the faster and strong it will grow in you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of delaying gratification.

## Day Five (Week 8)

### Growing My Wealth With Self-discipline

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Fifth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify self-discipline

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I always keep my promises

Here are a few examples of self-discipline and its root, delaying gratification... exercisers, eating in moderation, doing one thing at a time, complete and undivided attention, declining desserts, declining invitations to be social until work is complete, patience, people who are well prepared. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify self-discipline the faster and strong it will grow in you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of delaying gratification.

## Day Six (Week 8)

### Growing My Wealth With Self-discipline

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Sixth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify self-discipline

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I always keep my promises

Here are a couple of examples of self-discipline and its root, delaying gratification... exercisers, eating in moderation, doing one thing at a time, complete and undivided attention, declining desserts, declining invitations to be social until work is complete, patience, people who are well prepared...note each one and check off a box for each example you find during the day. Find some of your own! The more you identify self-discipline the faster and strong it will grow in you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of delaying gratification.

## Day Seven (Week 8)

### Growing My Wealth With Self-discipline

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Seventh** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify self-disciplin

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I always keep my promises

Here are a few examples of self-discipline and its root, delaying gratification... exercisers, eating in moderation, doing one thing at a time, complete and undivided attention, declining desserts, declining invitations to be social until work is complete, patience, people who are well prepared. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify self-discipline the faster and strong it will grow in you.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of delaying gratification.

## Day One (Week 9)

### Growing My Wealth With Kindness

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 4 steps today*

- 1. I read the **First** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. I commit to doing two or more random acts of kindness everyday*
- 4. As I go through my day, I identify kindness everywhere*

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*I always keep my promises*

*Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of kindness.*

## Day Two (Week 9)

### Growing My Wealth With Kindness

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Second** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I commit two or more random acts of kindness everyday
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify kindness the more kind the world becomes and you will realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of kindness.



## Day Three (Week 9)

### Growing My Wealth With Kindness

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Third** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I commit two or more random acts of kindness everyday
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify kindness the more kind the world becomes and you will realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of kindness.

## Day Four (Week 9)

### Growing My Wealth With Kindness

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Fourth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I commit two or more random acts of kindness everyday
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify kindness the more kind the world becomes and you will realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of kindness.

## Day Five (Week 9)

### Growing My Wealth With Kindness

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Fifth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I commit two or more random acts of kindness everyday
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify kindness the more kind the world becomes and you will realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of kindness.

## Day Six (Week 9)

### Growing My Wealth With Kindness

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Sixth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I commit two or more random acts of kindness everyday
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy... note each one and check off a box for each example you find during the day. Find some of your own! The more you identify kindness the more kind the world becomes and you will realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of kindness.

## Day Seven (Week 9)

### Growing My Wealth With Kindness

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 4 steps today*

- 1. I read the **Seventh** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. I commit two or more random acts of kindness everyday*
- 4. As I go through my day, I identify kindness everywhere*

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*I always keep my promises*

*Here are a couple of examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify kindness the more kind the world becomes and you will realize how everything that is good is also incredibly abundant.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of kindness.*

## Day One (Week 10)

### Growing My Wealth With Hope

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 4 steps today*

- 1. I read the **First** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. I encourage at least one person today*
- 4. As I go through my day, I identify kindness everywhere*

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*I always keep my promises*

*Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Jot down the best example you observed today of hope.*

## Day Two (Week 10)

### Growing My Wealth With Hope

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Second** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I encourage at least one person today
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of hope.

## Day Three (Week 10)

### Growing My Wealth With Hope

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Third** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I encourage at least one person today
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of hope.



## Day Four (Week 10)

### Growing My Wealth With Hope

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Fourth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I encourage at least one person today
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of hope.

## Day Five (Week 10)

### Growing My Wealth With Hope

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Fifth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I encourage at least one person today
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of hope.

## Day Six (Week 10)

### Growing My Wealth With Hope

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Sixth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I encourage at least one person today
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of hope.

## Day Seven (Week 10)

### Growing My Wealth With Hope

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Seventh** Verity two times today, First thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I encourage at least one person today
4. As I go through my day, I identify kindness everywhere

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I always keep my promises

Here are a few examples of kindness. Manners, compliments, people helping people, advice with no motive, encouragement, compassion, empathy. Note each one and check off a box for each example you find during the day. Find some of your own! The more examples of kindness you identify, the kinder becomes the world and you realize how everything that is good is also incredibly abundant.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you saw will grow if you focus.

Jot down the best example you observed today of hope.

## Day One (Week 11)

### *Growing My Wealth With The Willingness to Share Blessings*

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 3 steps today*

- 1. I read the **First** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. As I go through my day, I identify sharing*

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*I always keep my promises*

*Here are a few examples of sharing blessings. Offering time, giving without being asked, sharing a drink, a meal, a story, a book, information, giving time. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify sharing and transparency the more others will share with you and the harmony you’ve been striving for in all relationships will transform into love.*

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Not down the best example you observed today of sharing.*

## Day Two (Week 11)

### Growing My Wealth With The Willingness to Share Blessings

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Second** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify sharing

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I always keep my promises

Here are a few examples of sharing blessings. Offering time, giving without being asked, sharing a drink, a meal, time, a story, a book, information. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify sharing and transparency the more others will share with you and the harmony you’ve been striving for in all relationships will transform into love..

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of sharing.

## Day Three (Week 11)

### Growing My Wealth With The Willingness to Share Blessings

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Third** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify sharing

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I always keep my promises

Here are a few examples of sharing blessings. Offering time, giving without being asked, sharing a drink, a meal, time, a story, a book, information. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify sharing and transparency the more others will share with you and the harmony you’ve been striving for in all relationships will transform into love..

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of sharing.

## Day Four (Week 11)

### Growing My Wealth With The Willingness to Share Blessings

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Fourth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify sharing

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I always keep my promises

Here are a few examples of sharing blessings. Offering time, giving without being asked, sharing a drink, a meal, time, a story, a book, information. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify sharing and transparency the more others will share with you and the harmony you’ve been striving for in all relationships will transform into love..

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of sharing.



## Day Five (Week 11)

### Growing My Wealth With The Willingness to Share Blessings

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Fifth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify sharing

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I always keep my promises

Here are a few examples of sharing blessings. Offering time, giving without being asked, sharing a drink, a meal, time, a story, a book, information. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify sharing and transparency the more others will share with you and the harmony you’ve been striving for in all relationships will transform into love..

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of sharing.

## Day Six (Week 11)

### Growing My Wealth With The Willingness to Share Blessings

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Sixth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify sharing

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I always keep my promises

Here are a few examples of sharing blessings. Offering time, giving without being asked, sharing a drink, a meal, time, a story, a book, information. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify sharing and transparency the more others will share with you and the harmony you’ve been striving for in all relationships will transform into love..

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of sharing.

## Day Seven (Week 11)

### Growing My Wealth With The Willingness to Share Blessings

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Seventh** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify sharing

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I always keep my promises

Here are a few examples of sharing blessings. Offering time, giving without being asked, sharing a drink, a meal, time, a story, a book, information. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify sharing and transparency the more others will share with you and the harmony you’ve been striving for in all relationships will transform into love..

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of sharing.

## Day One (Week 12)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **First** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify playing

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I always keep my promises

Here are a few examples of playing. Singing, dancing, games, athletics, sport, puzzles, jokes, humor, laughter. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify play the more chances you will have to play and the less self-conscious and more refreshed you become.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of play.

## Day Two (Week 12)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Second** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify playing

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I always keep my promises

Here are a few examples of playing. Singing, dancing, games, athletics, sport, puzzles, jokes, humor, laughter. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify play the more chances you will have to play and the less self-conscious and more refreshed you become.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of play.

## Day Three (Week 12)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Third** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify playing

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I always keep my promises

Here are a few examples of playing. Singing, dancing, games, athletics, sport, puzzles, jokes, humor, laughter. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify play the more chances you will have to play and the less self-conscious and more refreshed you become.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of play.

## Day Four (Week 12)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Fourth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify playing

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I always keep my promises

Here are a few examples of playing. Singing, dancing, games, athletics, sport, puzzles, jokes, humor, laughter. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify play the more chances you will have to play and the less self-conscious and more refreshed you become.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of play.

## Day Five (Week 12)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Fifth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify playing

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I always keep my promises

Here are a few examples of playing. Singing, dancing, games, athletics, sport, puzzles, jokes, humor, laughter. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify play the more chances you will have to play and the less self-conscious and more refreshed you become.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of play.



## Day Six (Week 12)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Sixth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify playing

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I always keep my promises

Here are a few examples of playing. Singing, dancing, games, athletics, sport, puzzles, jokes, humor, laughter. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify play the more chances you will have to play and the less self-conscious and more refreshed you become.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of play.

## Day Seven (Week 12)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 3 steps today

1. I read the **Seventh** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. As I go through my day, I identify playing

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I always keep my promises

Here are a few examples of playing. Singing, dancing, games, athletics, sport, puzzles, jokes, humor, laughter. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify play the more chances you will have to play and the less self-conscious and more refreshed you become.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of play.

## Day One (Week 13)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **First** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I repeat “I see abundance everywhere” 20 times per day for this week
4. As I go through my day, I identify transactions and customers well served

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I always keep my promises

Here are a few examples of service transactions. Busy merchants, goods and services moving, people buying, clothes and transportation people use, workers, service people. Note each one and check off a box for each example you find during the day. Find some of your own! The more transactions and those who do them successfully you identify, the more chances to serve and earn will cascade into your life. You increase financial success with the same Law of Growth as usual.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of a successful service.

## Day Two (Week 13)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Second** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I repeat “I see abundance everywhere” 20 times per day for this week
4. As I go through my day, I identify transactions and customers well served

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I always keep my promises

Here are a few examples of service transactions. Busy merchants, goods and services moving, people buying, the clothes and transportation people use, workers, service people. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the thousands of transactions and those who do it successfully; the more chances to serve and earn will cascade into your life. You increase financial success with the same Law of Growth as usual.

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Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of a successful service.

## Day Three (Week 13)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Third** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I repeat “I see abundance everywhere” 20 times per day for this week
4. As I go through my day, I identify transactions and customers well served

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I always keep my promises

Here are a few examples of service transactions. Busy merchants, goods and services moving, people buying, clothes and transportation people use, workers, service people. Note each one and check off a box for each example you find during the day. Find some of your own! The more transactions and those who do them successfully you identify, the more chances to serve and earn will cascade into your life. You increase financial success with the same Law of Growth as usual.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Not down the best example you observed today of a successful service.

## Day Four (Week 13)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Fourth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I repeat “I see abundance everywhere” 20 times per day for this week
4. As I go through my day, I identify transactions and customers well served

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I always keep my promises

Here are a few examples of service transactions. Busy merchants, goods and services moving, people buying, the clothes and transportation people use, workers, service people. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the thousands of transactions and those who do it successfully; the more chances to serve and earn will cascade into your life. You increase financial success with the same Law of Growth as usual.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Got down the best example you observed today of a successful service.



## Day Six (Week 13)

### Growing My Wealth with Play

*Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.*

*I promise to follow these 4 steps today*

- 1. I read the **Sixth** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.*
- 2. I read my “Intention” card three times today with enthusiasm*
- 3. I repeat “I see abundance everywhere” 20 times per day for this week*
- 4. As I go through my day, I identify transactions and customers well served*

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*I always keep my promises*

*Here are a few examples of service transactions. Busy merchants, goods and services moving, people buying, the clothes and transportation people use, workers, service people. Note each one and check off a box for each example you find during the day. Find some of your own! The more you identify the thousands of transactions and those who do it successfully; the more chances to serve and earn will cascade into your life. You increase financial success with the same Law of Growth as usual.*

                      

*Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.*

*Not down the best example you observed today of a successful service.*



## Day Seven (Week 13)

### Growing My Wealth with Play

Read this out loud when you arise; from “I promise to” through “I always keep my promises”. Be certain to sign it and include your name in the reading out loud.

I promise to follow these 4 steps today

1. I read the **Seventh** Verity two times today, first thing in the morning and aloud in the evening just before I go to bed.
2. I read my “Intention” card three times today with enthusiasm
3. I repeat “I see abundance everywhere” 20 times per day for this week
4. As I go through my day, I identify transactions and customers well served

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I always keep my promises

Here are a few examples of service transactions. Busy merchants, goods and services moving, people buying, clothes and transportation people use, workers, service people. Note each one and check off a box for each example you find during the day. Find some of your own! The more transactions and those who do them successfully you identify, the more chances to serve and earn will cascade into your life. You increase financial success with the same Law of Growth as usual.

Before your nighttime read and sitting still, check off the examples you saw. Each day the number you spot will grow if you focus.

Jot down the best example you observed today of a successful service.

## The Choice

There once was a hall that held great artifacts from the four corners of the world. People traveled from near and far to see the many wonders. One exhibit held two large dinosaur eggs and was always the most crowded. People were fascinated by this great exhibition. What the viewers never realized was that the eggs, to both the mothers and the unborn dinosaurs, represented a complete and utter failure. The same fate becomes true of The Map, if you simply let it sit there after completing it the first time.

The Map will yield new insights begetting untold wealth to those who return to the first of the riches, A Positive Mental Attitude, and begin the journey again with greater enthusiasm. The Map promises and delivers even more wealth each time you work through the 13 Riches. Unlike a mine of gold or silver, the deeper you dig, the more focused you become, the more The Map will surrender in both wisdom and wealth.

This then becomes The Choice all who have held The Map face; to work through The Map again with greater precision or to lay it down, let it gather dust and wait for someone worthy to pass on The Verities and The Map by hand. Those who become wealthy beyond measure are they who have established their own values, measuring not by what they acquire but rather by what they contribute. The more wealth you acquire, the more you have to give. The more often you journey within and use The Map to guide you, the grander the gifts and wealth you have to share. And as what we give returns in even greater quantities, what you have to give compounds as do your contributions.

Your greatest contribution will be when the time comes to pass The Verities and The Map to the 13 Riches exactly as you received them to someone who is worthy.

And how will you know if someone is worthy? When you become humbled by the flow of blessings beyond comprehension that pour

*into your life daily. This happens when you surrender to the truth that the infinite is in the finite, when you are totally immersed in each and every moment as a way of life. When you live in this level of total consciousness and know everything is connected and so are you, the next worthy recipient, a person of honor who keeps their promises, will find you, will chose you. You need not seek them and the truth you need to make the correct choice will dance in your heart.*

*Keep giving to keep growing.*

# Post Script

## *An Invitation*

Legend has it that, for centuries, an 8th Verity should be added, the “S” Verity. The idea has been that the “S” verity would stand for Sharing Ideas. Over the centuries, sustained successes have had something in common. That commonality? A group of supportive people who will keep us on track with both purpose and plan. In his book, *Think and Grow Rich*, Napoleon Hill popularized it with the term *Mastermind Alliance*.

*“No one makes it without a Mastermind Alliance, that’s just the way it is.”* Napoleon Hill

Others’ successes and positive ideas are priceless encouragements. So, we’d like to extend invitations to you to share your story. Please visit us—Doc and me—at <http://markjbooks.com>, and let us know about your experiences, strengths, and hopes as you traverse The Map.

There, you will discover groups who are working through *Standing Tall*. It really is easier to stay on track with plan and purpose when others are supporting you. The friendships and rich flow of ideas people experience is priceless when it is shared.

*“What cannot be achieved in one lifetime will happen when one lifetime is joined to another.”* —Harold Kushner

### *The Master Key Experience*

Once a year, we offer a six-month Mastermind, The Master Key Experience, with people from around the world. While most declare that it is the most challenging thing they have ever undertaken, they also state, that it is, without a doubt, the best thing that they have ever done for themselves. Since you have purchased this book, you automatically receive a pay-it-forward scholarship to the course. That simply means that the previous sessions’ members have “paid” for future members. If you’d like to be informed about the course and claim your scholarship, you’ll discover everything you need at <http://markjbooks.com>.

We’d love to hear from you and how working The Map has impacted both yourself and the people in your world.